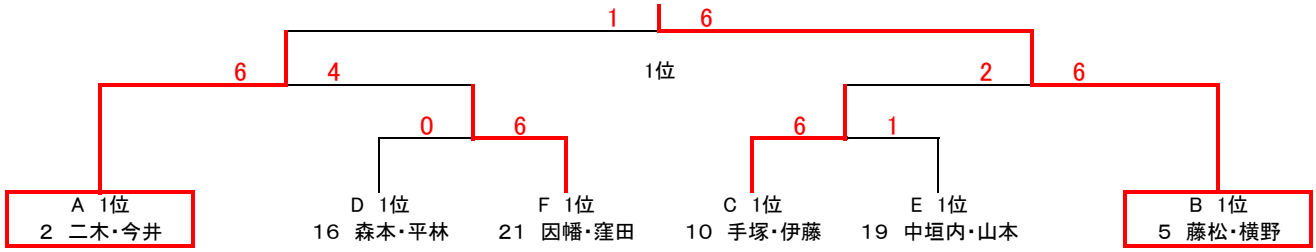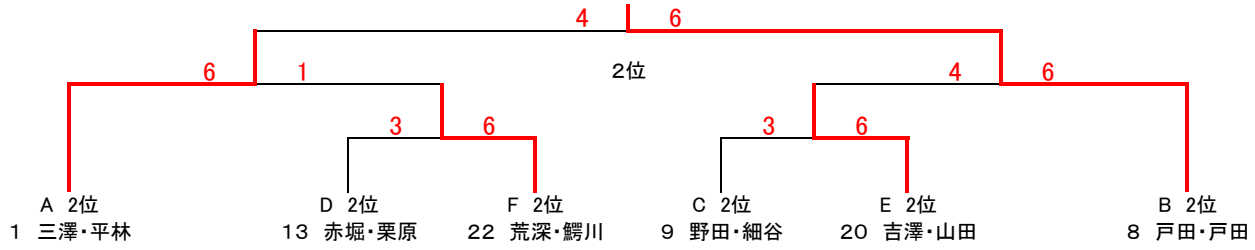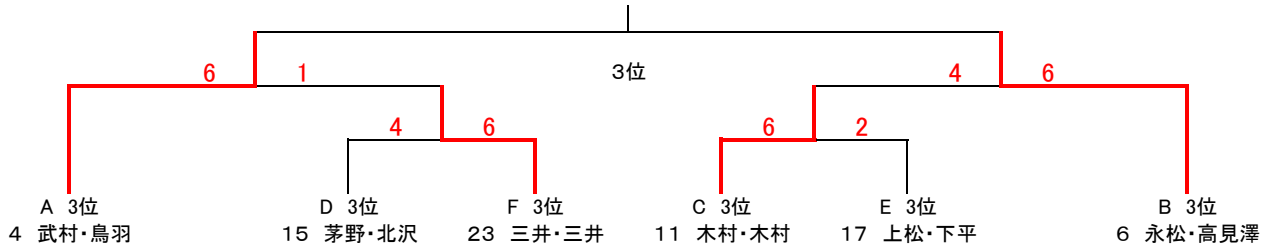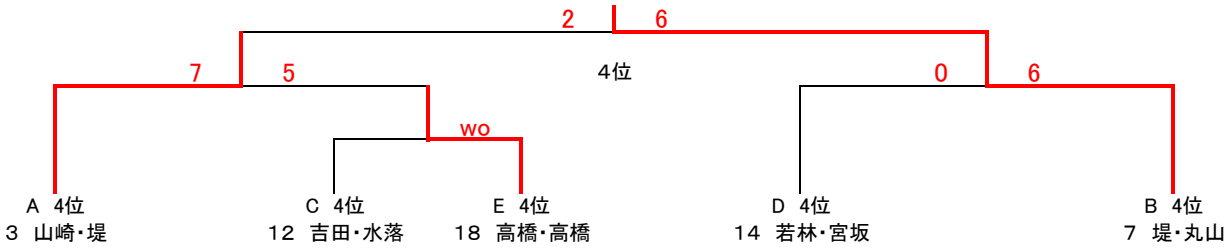平成31年（第46回）長野県室内テニス選手権　100MIX（23）　大会グレード：A